

The Mommy Makeover

It's Time to Give Back to Yourself!



fernandez

Built for Birthing

Pregnancy and childbirth are life-changing, but they also bring physical changes that can affect how you feel about your body. At Fernandez Hospital, we understand that getting back to your pre-pregnancy look can help you feel confident and empowered.

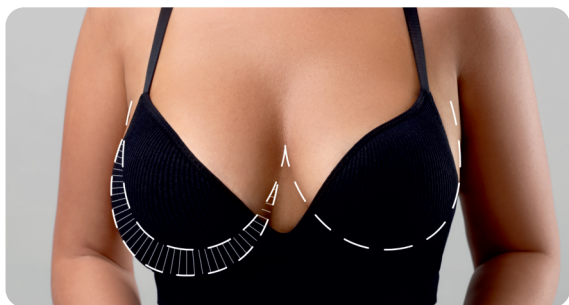
A "Mommy Makeover" is a set of personalised treatments designed to help you feel like the best version of yourself again!

Who Is It For



Mommy Makeovers are perfect for mothers who have completed their birthing and lactation journey. If you're looking to restore the physical appearance you had before childbirth, our Mommy Makeover can help you achieve that — with care, compassion, and expertise.

What We Offer



- **Breast Augmentation:** If pregnancy or breastfeeding has changed your breast shape, this procedure can enhance their size and shape for a fuller, more youthful appearance.
- **Breast Reduction:** If your breasts have become too large or uncomfortable after pregnancy or breastfeeding, this procedure reduces their size and weight, offering relief and a more balanced appearance.
- **Breast Lift:** If your breasts have lost their natural firmness, a lift can restore their youthful shape and position.
- **Tummy Tuck:** If you've struggled with stubborn tummy fat or loose skin after pregnancy, this procedure tightens and smooths the abdominal area for a flatter look.

- **Liposuction:** For those areas where stubborn fat just won't budge, liposuction can sculpt and contour your body to help you feel more confident in your skin.
- **Labiaplasty:** This procedure reshapes the labia for more comfort, confidence, and improved self-esteem.



How Will It Benefit You?

Our Mommy Makeover will restore not just your appearance but your confidence, both physically and emotionally.

You'll feel empowered, rejuvenated, and ready to embrace life's next chapter with a smile. Whether it's slipping into your favourite clothes or enjoying time with your family, our services help you feel like yourself again.

Because You Deserve to Feel Like YOU Again!



Health is more than just the absence of disease—it's about complete physical, mental, and social well-being. When you look the way you desire, you naturally feel more confident, empowered, and connected. Achieve your aesthetic goals with us, and embrace a new chapter of well-being that radiates from the inside out.

BOOK AN APPOINTMENT

Fernandez Stork Home
Banjara Hills

- Every Sunday
- 11 AM – 12.30 PM

Fernandez Clinic
Necklace Road

- Every Wednesday
- 4 PM – 5 PM

 **1800 419 1397**

and start your journey towards a healthier, more confident you!



Meet Your Specialist



With over a decade of distinguished experience in clinical and surgical practice, **Dr Raghuv eer Reddy** is recognised as one

of Hyderabad's leading plastic surgeons. He holds an M.Ch in Plastic and Reconstructive Surgery from the esteemed Amrita Institute of Medical Sciences in Kochi. Known for his proficiency in advanced surgical techniques, Dr Raghuv eer specialises in a range of procedures.

Dr Raghuv eer's commitment to excellence extends globally. He further honed his skills at the renowned Nagata Ear and Plastic Surgery Clinic in Japan, where he engaged in a comprehensive observership to expand his expertise. His contributions to the field of plastic surgery go beyond observation; he has played a key role in pioneering surgical milestones in India.

Notably, he was part of the teams that performed the country's first three bilateral hand transplants and the first tracheal transplant, marking significant achievements in the medical field.