Ultrasound-guided Polypectomy

An Innovative and Gentle Way to Remove Endometrial Polyps







Did You Know?

We can now remove Uterine Polyps as a simple outpatient procedure guided by ultrasound, thanks to our expert Gynaec team's innovative solution! At Fernandez Hospital, we're excited to offer a safe, and convenient method to remove endometrial polyps—Ultrasound-guided Polypectomy.

This quick and gentle outpatient procedure can help you return to your daily routine right away—no hospital stay or anaesthesia needed!

What are Endometrial Polyps?

Endometrial polyps are overgrowths in the lining of the uterus. While they sometimes go unnoticed, they can cause symptoms like unusual bleeding, spotting after menopause, or difficulty in conception. Depending on the situation, some polyps need to be removed to improve your health and well-being.

A Breakthrough in Treatment

Previously, polypectomy—removal of polyps—required a procedure called hysteroscopic polypectomy. It's effective, but like any surgery, it required an operating room, hospital stay, and sometimes anaesthesia.

During the COVID-19 pandemic, when surgeries were limited, our expert team developed an easier way. Now, we can safely remove polyps as a simple outpatient procedure, guided by ultrasound.



Why Choose this Procedure?

Our ultrasound-guided polypectomy is a quick, comfortable procedure that offers excellent results. Since it doesn't require anaesthesia or a hospital stay, you can be back to your routine the same day! The continuous ultrasound monitoring ensures safety of the procedure, making it a cost-saving alternative to hysteroscopy.

The Procedure

An ultrasound examination (abdominal and vaginal) is performed to precisely locate the polyp. A painkiller is advised to minimise procedure-related discomfort. Using ultrasound, the polyp is gently grasped and removed with a forceps that is specially designed to avoid pain. If necessary, a small quantity of saline may be instilled and scan performed to assess completeness of the procedure.

Benefits of Ultrasound-Guided Polypectomy

- Safe and Precise: Ultrasound monitoring ensures the polyp is located and removed with minimal discomfort.
- No Anaesthesia Needed: Make the process simpler and more comfortable.
- Daycare Procedure: Go home the same day!
- Proven Success: Over 200 successful cases in the last three years.

At Fernandez Hospital, your well-being is always our priority. If you've been facing any of these symptoms, we're here to offer you a safe, simple, and compassionate solution.

TO BOOK AN APPOINTMENT







